

# Bottle Feeding Checklist

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## Before the feed

- Wash hands with hot soapy water
- Mix fresh KMR per label (typically 1 part powder : 2 parts warm water)
- Warm formula to ~100°F (38°C) — test on your inner wrist
- Never microwave the bottle (creates dangerous hot spots)
- Check nipple flow: one slow drop per second when inverted
- Confirm kitten is warm to the touch before offering the bottle

## During the feed

- Place kitten **belly-down** on a soft towel — never on its back
- Support the head; let the kitten lift slightly to latch
- Tilt the bottle so the nipple stays full (no air bubbles)
- Let the kitten set the pace — do NOT squeeze the bottle
- Stop immediately if milk bubbles from the nose; tip head down to clear

## After the feed

- Burp upright against your shoulder for 1–2 minutes
- Stimulate to pee and poop with a warm damp cloth (fresh cloth per kitten)
- Wipe face, chin, and bottom clean and dry
- Return kitten to the warm nest (85–90°F / 29–32°C)
- Log weight (daily, before first feed) and volume taken

## Cleanup

- Discard any formula left in the bottle
- Wash bottles and nipples in hot soapy water
- Sterilize bottles once a day (5 minute boil)
- Replace nipples every 2–3 weeks